

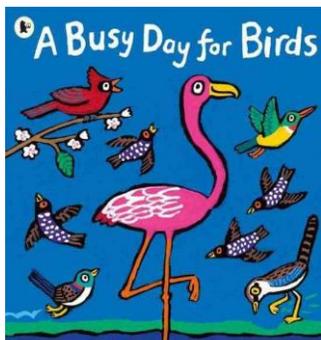
NECHELLS POD NEWSLETTER

June 2018: Edition 9



National Book-Start Week

As part of National Book-start Week the children at this Wednesdays Tots' Time session, which is held by Adele the librarian, had a bird themed boogie whilst listening to 'A Busy Day For Birds' by Lucy Cousins and then decorated owl headdresses. The BookTrust is the UK's largest children's reading charity that promotes the joys and benefits of reading from a young age and provided all the children with their own copy of the book and a rhyme sheet to share with their parents/careers. If you have a child under 5 then why not bring them along on a Tuesday morning at 11.00am and discover the wonder of stories together.



Don't forget to get your tickets!



Exercise with Dean

Starting on the 13th of June, Dean from Park Lives will be providing an adult exercise session. The session will be every Wednesday from 09:15-10:15 and will feature a range of different activities to keep you entertained whilst exercising. The session is open for everyone as long as they are registered with the POD, and have a Park Lives membership card. If you are unsure about either of these requirements please speak to a member of POD staff as soon as possible.

We Need Your Help!

The POD is proud to serve the community of Nechells, but sometimes, we need to hear from you if we are to serve you even better

Help us doing so by completing a short questionnaire. Plus, you can enter to win a £25 voucher: <https://tiny.cc/nechells-survey>



Equaliteas

On the 22nd of June during Place of Welcome we will be discussing a local issue and then vote on what should be the solution. The issue that we receive lots of questions about is the closure of our local library and the length of time it is taking to rebuild a new facility attached to The POD. The local MP, local councilors and City Council officers have all been invited to the event and so are you! We will use part of the session to work with the community and officers to find a solution to our library crisis. Come and have your say about the future of the library in Nechells.

Weekly Activities

Monday

- Walking Group 9:15-10:30
- IT course 9:30-12:00

Tuesday

- Tai Chi 9:30-10:30
- Job Club 9:30-11:30
- Tots Time 11:00-12:00
- Sewing Class 12:30-15:00
- Sensory Stay & Play 13:00-14:30

Wednesday

- Exercise with Dean 09:15-10:15
- FiN Fitness 10:30-11:30
- Coffee & Chat 11:30-12:30
- ESOL- Kevin & Keri 10:30-12:00
- Credit Union 11:30-12:30
- Sewing Class 12:30-15:00
- Exercise to Music 16:00-17:00

Thursday

- Citizenship Course 9:00-10:00
- Parent and Child language course 10:15-11:45
- ESOL- Kevin & Keri 10:30-12:00

Friday

- Place of Welcome 9:00-11:00

Noran's News

June is going to be a very busy month! We have lots of new classes provided by WEA in addition to the JCC classes and as well as all our usual activities. Please make sure you check our weekly activities to see what we are offering and have a chat with the POD staff to find out more about college courses.

On Wednesday 13 June we have another workshop provided by Community Safety that aims to help you support your children and keep them out of trouble. This workshop is being led by a young man who became radicalised so he will tell us his story and give us advice on how to prevent our children becoming involved in extremism. I think it will be very interesting so I hope to see you there at 9.30am.

Here are some dates for your diary of things you might not want to miss:

Friday 22 June: 3.00pm-5:00pm Great Get Together Afternoon Tea with fun activities.

Saturday 30 June: 9.30am-12 noon Mayors Community Weekend Big Breakfast

Make sure you have got a ticket to reserve your place.

This week is Volunteers Week and I would like to thank all our willing volunteers who help us so much at The POD. I would also like to thank all of you who make The POD such a warm and friendly place. The majority of the people who come to The POD are respectful, tolerant and accepting of others, which makes for a very welcoming atmosphere. So you may not be a registered volunteer but the fact that you join in POD activities and are kind to others means you deserve a pat on the back!

Have a great week ahead

Noran

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